



# DHeLiDA

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## news

Edition 1,  
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### DHeLiDA in short

The project *DHeLiDA: Digital Health Literacy for Disadvantaged Adults* is a European cooperation project aimed at improving the digital health literacy among vulnerable target groups, especially elderly people, and people with migrant background, by helping them gain new digital skills and learn how to access reliable sources on a topic as important as health.

The project will develop tools to enable citizens to better manage their health and illness, improve prevention, enable more accurate diagnosis and treatment, and facilitate communication between patients and health care professionals.



### DHeLiDA kick-off meeting

In March 2022, an enthusiastic team representing 5 organisations from 5 European countries -Germany, Italy, The Netherlands, Cyprus and Greece - gathered for a kick-off meeting in Dreieich, Germany to discuss and agree on the detailed plan for project implementation and the schedule for fulfilling the ambitious project targets and to set up short-term tasks. During this first meeting the partners discussed and shared ideas on the project implementation in detail, and also analyzed the set objectives and forthcoming activities in order to plan the next steps.

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### The main project objectives:

- Reduction of the digital health literacy gap of disadvantaged groups
- Development of new skills that can lead to better social and health care of these groups
- Development of tools for adult educators to help them plan and propose training pathways
- Promotion of digital health literacy at European level
- Development of a set of training tools for promoting health literacy for training centres and policy makers

### What is next on DHeLiDA?

The project will deliver information on increasing digital literacy in general that can be applied to the field of health. It will not provide accurate medical information on certain health issues but provide guidance and training materials to develop health related digital literacy skills.

In the coming months the partners will start developing the Platform for Collective Awareness on Digital Health under the lead of Frederik University (Cyprus). The DHeLiDA Platform will be the collaborative online environment where experts, educators and adult users will interact to share and create collective awareness on digital health.

Together with that the development of DigCompHealth Foundation Framework will get started under the lead of EGINA, Italy. The partners will organise coaching circles with representatives of all stakeholders and create a new basic health literacy framework focusing on the basic level of the latest available version of the European DigComp framework.

DHeLiDA project is run from February 1<sup>st</sup> 2022 till January 31<sup>st</sup> 2024.

### DHeLiDA partners

Pro Arbeit – Kreis Offenbach – (AöR) – Kommunales Jobcenter, Germany – project coordinator  
EGinA, Italy  
Frederik University, Cyprus  
Sistimatou Kai Iperesion (Systserv), Greece  
Pressure Line, The Netherlands

**For more information on the project, please visit [www.dhelida.eu](http://www.dhelida.eu)  
or contact the project partner in your country.**

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